

Gait Lab Assignment

Self-paced Lab Assignment to be completed after viewing the **Gait Lecture**.

Assignment:

Chose two individuals willing to participate. Observe their gait (with shoes on and shoes off) and look at their existing footwear. Answer the following questions:

1. What is the persons age and gender?
2. Does the person walk with a lurch to one side?
3. Are the persons shoulders and/or beltline level?
4. Can you hear the persons foot "slap" as it hits the floor?
5. Is their shoe worn to the lateral or medial side?
6. Does the person's foot drag the ground as they walk?
7. Include any other observations.

Email the answers to your instructor at alliedhealthed@sbcglobal.net. Include the name of the lab assignment in the subject line.